

NORTHEAST, MID-ATLANTIC and VIRGINIA SERVICE-Southbound

Boston • New York • Philadelphia • Washington, DC • Charlottesville • Lynchburg • Richmond • Newport News

Service/Train Name ▶	Northeast Regional	Palmetto	Cardinal	Cardinal	Carolinian	Northeast Regional	Silver Star	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Northeast Regional	Crescent	Northeast Regional	Northeast Regional	Silver Meteor
Train Number ▶	67	89	51	51	79	95/495	91	195/405	147	171/495	145	99	93/493	83/493	19	85	87	97
Normal Days of Operation ▶	Daily	Daily	WeFr	Su	Daily	Mo-Fr ^A	Daily	SaSu ^C	Sa ^G	Mo-Fr ^A	Su ^E	SaSu ^C	Mo-Th ^A	Fr	Daily	Mo-Fr ^A	Su ^E	Daily
On Board Service ▶																		
Symbol ▼																		
BOSTON, MA (ET)	● & QT																	
-South Station	Dp	9 45P				6 15A		6 40A		8 15A		8 40A	9 35A	9 35A				
Boston, MA - Back Bay Station		R 9 50P				R 6 20A		R 6 45A		R 8 20A		R 8 45A	R 9 40A	R 9 40A				
Route 128, MA		R 10 00P				R 6 30A		R 6 55A		R 8 30A		R 8 55A	R 9 50A	R 9 50A				
Providence, RI		10 25P				6 55A		7 20A		8 55A		9 20A	10 15A	10 15A				
Kingston, RI		10 47P				7 16A		7 41A		9 16A		9 41A	10 36A	10 36A				
Westerly, RI		11 02P				7 30A		7 56A				9 57A	10 51A	10 51A				
Mystic, CT	○ QT	11 12P										10 07A	11 02A	11 02A				
New London, CT (Casino 🎰)	● & QT	11 27P				7 52A		8 18A		9 50A		10 22A	11 17A	11 17A				
Old Saybrook, CT	● & QT	11 50P				8 12A		8 40A		10 10A			11 38A	11 38A				
Via Inland Route																		
Springfield, MA	● & QT					Shuttle 7 10A		7 30A	8 00A	Shuttle 7 10A	9 05A		Shuttle 10 40A	10 40A				
Windsor Locks, CT	○					7 28A		7 48A		8 28A			Shuttle 11 01A	11 01A				
Windsor, CT	○					7 33A		7 53A		8 33A			Shuttle 11 07A	11 07A				
Hartford, CT	● & QT					7 45A		8 05A	8 37A	7 45A	9 40A		11 18A	11 18A				
Berlin, CT	● & QT					7 58A		8 16A	8 50A	7 58A	9 53A		11 30A	11 30A				
Meriden, CT	● & QT					8 08A		8 26A	9 01A	8 08A	10 02A		11 38A	11 38A				
Wallingford, CT	○					8 15A		8 33A	9 09A	8 15A	10 10A		11 45A	11 45A				
New Haven, CT	● & QT	Ar				8 35A		8 55A		8 35A			12 03P	12 03P				
NEW HAVEN, CT	● & QT	Ar																
Bridgeport, CT	○ & QT	Dp				8 43A		9 09A	9 30A	10 41A	10 30A	11 08A	12 09P	12 09P				
Stamford, CT	● & QT					8 45A		9 11A	9 41A	10 43A	10 41A	11 11A	12 11P	12 11P				
New Rochelle, NY	○ & QT					1 31A		9 28A	9 31A	10 01A	11 01A	11 31A	12 31P	12 31P				
NEW YORK, NY	● & QT	Ar																
-Penn Station	Dp	2 20A	6 15A	6 45A	6 55A	10 20A	10 52A	10 50A	11 20A	12 15P	12 20P	12 50P	1 50P	1 50P	2 15P	3 05P	3 06P	3 15P
Newark, NJ	● & QT	3 20A	R 6 32A	R 7 07A	R 7 13A	10 35A	R 11 12A	11 05A	12 05P	12 35P	12 55P	2 05P	2 05P	2 05P	R 2 37P	3 22P	3 23P	R 3 38P
Newark Liberty Intl. Airport, NJ ✈	● & QT																	
Metropark, NJ	● & QT	3 36A				11 06A		11 37A	12 28P	12 58P	1 28P	2 27P	2 27P	2 27P				3 28P
Trenton, NJ	● & QT	4 03A	R 7 06A	R 7 40A	R 7 50A	8 03A	R 12 00N	11 37A	12 40P	1 08P	1 40P	2 40P	2 40P	2 40P		3 36P	3 40P	
PHILADELPHIA, PA	● & QT	Ar																
-30th St. Station	Dp	4 35A	R 7 37A	R 8 16A	R 8 25A	11 57A	R 12 32P	12 28P	1 30P	1 59P	2 14P	2 30P	3 32P	3 32P	R 3 55P	4 27P	4 30P	R 4 58P
Wilmington, DE	● & QT	4 40A	R 8 02A	R 8 41A	R 8 50A	12 00N	R 12 57P	12 31P	1 33P	2 13P	2 17P	2 33P	3 35P	3 35P		4 30P	4 33P	
Aberdeen, MD	○ & QT	5 06A	R 8 02A	R 8 41A	R 8 50A	12 22P		12 52P	1 55P	2 36P	2 39P	2 55P	3 56P	3 56P	R 4 19P	4 52P	4 55P	R 5 25P
Baltimore, MD - Penn Station	● & QT	6 08A	R 8 54A	R 9 29A	R 9 40A	1 13P	R 1 47P	1 40P	2 43P	3 27P	3 25P	3 43P	4 42P	4 42P	R 5 17P	5 45P	5 48P	R 6 17P
BWI Thurgood Marshall Air., MD ✈	● & QT	6 19A				1 25P		1 50P	2 53P	3 37P	3 35P	3 53P	4 52P	4 52P		5 56P	5 58P	
New Carrollton, MD	● & QT	L 6 42A				1 45P		2 13P	3 12P	3 56P	3 54P	4 12P	5 11P	5 11P		6 18P	6 17P	
WASHINGTON, DC	● & QT	Ar																
-Staples Mill Rd.	Dp	6 55A	R 9 55A	R 11 10A	R 11 10A	2 00P	R 3 00P	2 25P	3 30P	4 12P	4 10P	4 28P	5 25P	5 25P	R 6 30P	6 30P	6 30P	R 7 30P
Alexandria, VA	● & QT	7 30A	R 10 12A	11 29A	11 29A	2 30P	R 3 25P	2 50P	4 00P	4 50P	4 50P	5 00P	5 50P	5 50P	R 6 49P	7 00P	7 00P	R 7 50P
Burke Centre, VA	○	7 47A				2 45P		3 06P	4 17P	5 11P	5 07P	5 15P	6 07P	6 07P		7 15P	7 15P	
Manassas, VA	○ & QT			12 02P	12 02P				4 34P	5 30P	5 24P							
Culpeper, VA (Orange)	○ & QT			12 35P	12 35P				4 53P	5 49P	5 43P					7 22P		
Charlottesville, VA	● & QT			1 55P	1 55P				5 27P	6 24P	6 17P					7 55P		
Staunton, VA	○			2 57P	2 57P				6 26P	7 23P	7 16P					8 52P		
Clifton Forge, VA (Homestead)	○			4 05P	4 05P													
Lynchburg, VA (Roanoke)	● & QT	Ar		4 08P	4 08P				7 39P	8 36P	8 29P					10 00P		
Danville, VA	○ & QT	Ar														10 06P		
Franconia/Springfield, VA	○ & QT	Dp														11 14P		
Woodbridge, VA	○ & QT					3 03P		3 24P									7 32P	7 33P
Quantico, VA	○ & QT					3 17P		3 38P				5 45P	6 36P	6 36P		7 46P	7 47P	
Fredericksburg, VA	○ & QT					3 39P		4 00P				6 07P	6 58P	6 58P		8 10P	8 06P	
Ashland, VA	○					4 24P		4 42P				6 50P	7 43P	7 43P		8 53P	8 49P	
RICHMOND, VA	● & QT	Ar																
-Staples Mill Rd.	Dp	9 40A	R 11 50A			4 40P	R 5 09P	5 05P				7 02P	8 07P	8 07P		9 10P	9 10P	R 9 40P
Richmond, VA - Main Street Station	○ & QT	9 45A	R 12 02P			4 45P	R 5 19P					7 10P	8 10P	8 10P				R 9 50P
Petersburg, VA	● & QT					5 12P						7 37P		8 37P				
Williamsburg, VA	○ & QT																	10 24P
Newport News, VA	● & QT	Ar				L 6 10P						L 8 23P	L 9 33P	L 9 33P	To Atlanta, Birmingham and New Orleans			
Norfolk, VA	○	Dp				6 50A						9 10P	10 10P	10 10P				
Virginia Beach, VA (ET)	○	Ar				7 05P						9 25P	10 25P	10 25P				To Orlando and Miami
						7 50P						D 9 55P	D 10 55P	D 10 55P				
						8 30P						10 25P	11 25P	11 25P				